

PASSPORT
TO HEALTH™
2025

passport.attentivehealth.com | 877.875.0333 | scenicridge@attentivehealth.com

ATTENTIVE
HEALTH

PASSPORT TO HEALTH™



WHAT IS PASSPORT TO HEALTH™?

The PASSPORT TO HEALTH™ is a voluntary wellness program offered by your employer that awards you points for completing various activities. The program is designed to reward you for your smart decisions, and the steps you take toward a healthy lifestyle.

Complete the three introductory activities for 75 points and earn a \$150 gift card. Complete 100 total points by **October 31, 2025** and **save \$10 every paycheck** (up to **\$520 per year**) on what you pay for health insurance in 2026.



REWARDS

“INTRODUCTORY ACTIVITIES”
75 POINTS
(Survey, Coaching & Physical)

\$150 Gift Card



“FINISH LINE”

100 + POINTS

(Introductory activities +
at least **25 points** in additional
PASSPORT TO HEALTH™ activities)

\$10/paycheck
health insurance savings
(up to \$520 per year)



STEPS TO SUCCESS

- **Step 1:** Complete a confidential **personal health survey**, **meet with a health coach**, and submit your **annual physical** to earn 75 points AND a \$150 gift card.
- **Step 2:** Earn **an additional 25 points** from various PASSPORT TO HEALTH™ activities.
- **Step 3:** **By October 31, 2025, submit all your documentation** to Attentive Health to ensure you have 100 points total needed for your wellness reward.



SUBMIT AND CONTACT

Receipts for activities such as doctor visits and community events can be turned in:

FAX: 215.734.2333
MAIL: P.O. Box 61, Telford PA 18969
UPLOAD: passport.attentivehealth.com
EMAIL: scenicridge@attentivehealth.com

If you have questions about the program, call Attentive Health: **877.875.0333**

EVERY JOURNEY BEGINS WITH ONE STEP. START YOURS TODAY!

STEP 1:

Complete introductory activities and earn 75 points & gift card.

ACTIVITY	POINTS
Personal Health Survey	25
Goal-Setting Meeting with Health Coach	25
Routine Physical / Well-Visit since 11/1/24	25

STEP 2:

Complete at least 25 points from any activities listed

ACTIVITY	POINTS
Health Coaching	25 each <i>(up to 50)</i>
NEW! Clinical Coaching	25 each
EAP or other Personal Counseling	25 each <i>(up to 50)</i>
Personal Fitness Program <i>(at home or gym)</i>	1 pt each <i>(up to 50)</i>
Wellness Challenge	25
Other Preventive Care Activities since 11/1/24 <i>(i.e vaccines, dental/vision exams, colorectal cancer screening, mammogram, age/gender screening, etc.)</i>	10 each

STEP 3:

Submit documentation by 10/31/2025

FINISH LINE	POINTS
PROGRAM DEADLINE OCTOBER 31, 2025	100 TOTAL

alternate accommodations available upon request

ACTIVITY DESCRIPTIONS

PERSONAL HEALTH SURVEY & GOAL-SETTING –

Take 20 minutes to learn about your overall health. Complete a CONFIDENTIAL survey then follow-up with an Attentive Health coach to discuss your results & next steps. Survey and meeting schedule available online at passport.attentivehealth.com or by calling **877.875.0333**.

ATTENTIVE HEALTH COACHING –

Get personalized & confidential support in achieving your health goals. In these 20-minute sessions, our health coach will help you work on your goals and support you in staying on track. Sign up at passport.attentivehealth.com or by calling **877.875.0333**.

NEW! CLINICAL COACHING – Receive individualized support from our Registered Nurse to identify strategies to help manage chronic conditions.

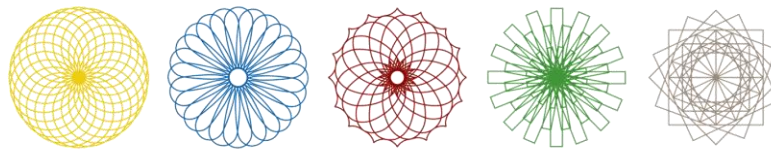
ROUTINE PHYSICAL/WELL VISIT – Get credit for your routine physical completed since 11/1/24. No results needed...simply submit receipts or other proof of visit like a provider's note or Explanation of Benefits.

PERSONAL FITNESS PROGRAM – Earn points for your own personal fitness regimen: give us a report of your visits to the gym and earn 1 point for every visit, up to 50 points. Or you can document your non-gym activities on a Fitness Log from Attentive Health and earn 1 point on your Passport for each point on the Fitness Log, up to 50 points. Fitness Logs are available online at passport.attentivehealth.com

WELLNESS CHALLENGE – Have fun while building new healthy habits & earning rewards in the process! Details will be announced.

EAP/OTHER COUNSELING – Earn points for participating in counseling sessions. No need to provide details, just proof of visit. For more information on your EAP visit www.paseap.com or call **800.356.0845**.

OTHER PREVENTIVE CARE – Get credit for routine preventive care completed since 11/1/24. No results needed...simply submit receipts or proof of visit like a provider's note or Explanation of Benefits.



LEARN
MORE!

PASSPORT TO HEALTH™ ONLINE

- ✓ check points
- ✓ upload receipts
- ✓ and more!

[PASSPORT.ATTENTIVEHEALTH.COM](https://passport.attentivehealth.com)